#### For Aaron David

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# "SKEPTICS MAY OBJECT"

Planting a Naysayer in Your Text

THE WRITER Jane Tompkins describes a pattern that repeats itself whenever she writes a book or an article. For the first couple of weeks when she sits down to write, things go relatively well. But then in the middle of the night, several weeks into the writing process, she'll wake up in a cold sweat, suddenly realizing that she has overlooked some major criticism that readers will surely make against her ideas. Her first thought, invariably, is that she will have to give up on the project, or that she will have to throw out what she's written thus far and start over. Then she realizes that "this moment of doubt and panic is where my text really begins." She then revises what she's written in a way that incorporates the criticisms she's anticipated, and her text becomes stronger and more interesting as a result.

This little story contains an important lesson for all writers, experienced and inexperienced alike. It suggests that even though most of us are upset at the idea of someone criticizing our work, such criticisms can actually work to our advantage. Although it's naturally tempting to ignore criticism of our ideas, doing so may in fact be a big mistake, since our writing improves when we not only listen to these objections but give them an explicit hearing

# Planting a Naysayer in Your Text

in our writing. Indeed, no single device more quickly improves a piece of writing than planting a naysayer in the text—saying, for example, that "although some readers may object" to something in your argument, you "would reply that \_\_\_\_\_."

### ANTICIPATE OBJECTIONS

But wait, you say. Isn't the advice to incorporate critical views a recipe for destroying your credibility and undermining your argument? Here you are, trying to say something that will hold up, and we want you to tell readers all the negative things someone might say against you?

Exactly. We are urging you to tell readers what others might say against you, but our point is that doing so will actually enhance your credibility, not undermine it. As we argue throughout this book, writing well does not mean piling up uncontroversial truths in a vacuum; it means engaging others in a dialogue or debate—not only by opening your text with a summary of what others have said, as we suggest in Chapter 1, but also by imagining what others might say against your argument as it unfolds. Once you see writing as an act of entering a conversation, you should also see how opposing arguments can work for you rather than against you.

Paradoxically, the more you give voice to your critics' objections, the more you tend to disarm those critics, especially if you go on to answer their objections in convincing ways. When you entertain a counterargument, you make a kind of preemptive strike, identifying problems with your argument before others can point them out for you. Furthermore, by entertaining counterarguments, you show respect for your readers, treating them not as gullible dupes who will believe anything you say

but as independent, critical thinkers who are aware that your view is not the only one in town. In addition, by imagining what others might say against your claims, you come across as a generous, broad-minded person who is confident enough to open himself or herself to debate—like the writer in Figure 5.

Conversely, if you don't entertain counterarguments, you may very likely come across as closed-minded, as if you think your beliefs are beyond dispute. You might also leave important questions hanging and concerns about your arguments unaddressed. Finally, if you fail to plant a naysayer in your text, you may find that you have very little to say. Our own students often say that entertaining counterarguments makes it easier to generate enough text to meet their assignment's page-length requirements.

Planting a naysayer in your text is a relatively simple move, as you can see by looking at the following passage from a book by the writer Kim Chernin. Having spent some thirty pages complaining about the pressure on American women to lose weight and be thin, Chernin inserts a whole chapter entitled "The Skeptic," opening it as follows.

At this point I would like to raise certain objections that have been inspired by the skeptic in me. She feels that I have been ignoring some of the most common assumptions we all make about our bodies and these she wishes to see addressed. For example: "You know perfectly well," she says to me, "that you feel better when you lose weight. You buy new clothes. You look at yourself more eagerly in the mirror. When someone invites you to a party you don't stop and ask yourself whether you want to go. You feel sexier. Admit it. You like yourself better."

KIM CHERNIN, The Obsession: Reflections on the Tyranny of Slenderness

Planting a Naysayer in Your Text





FIGURE 5

The remainder of Chernin's chapter consists of her answers to this inner skeptic. In the face of the skeptic's challenge to her book's central premise (that the pressure to diet seriously harms women's lives), Chernin responds neither by repressing the skeptic's critical voice nor by giving in to it and relinquishing her own position. Instead, she embraces that voice and writes it into her text. Note too that instead of dispatching this naysaying voice quickly, as many of us would be tempted to do, Chernin stays with it and devotes a full paragraph to it. By borrowing some of Chernin's language, we can come up with templates for entertaining virtually any objection.

# TEMPLATES FOR ENTERTAINING OBJECTIONS

- At this point I would like to raise some objections that have been inspired by the skeptic in me. She feels that I have been ignoring the complexities of the situation.
- Yet some readers may challenge my view by insisting that
- Of course, many will probably disagree on the grounds that

Note that the objections in the above templates are attributed not to any specific person or group, but to "skeptics," "readers," or "many." This kind of nameless, faceless naysayer is perfectly appropriate in many cases. But the ideas that motivate arguments and objections often can—and, where possible, should—be ascribed to a specific ideology or school of thought (for example, liberals, Christian fundamentalists, neopragmatists) rather than to anonymous any-

# Planting a Naysayer in Your Text

bodies. In other words, naysayers can be labeled, and you can add precision and impact to your writing by identifying what those labels are.

# TEMPLATES FOR NAMING YOUR NAYSAYERS

- Here many feminists would probably object that gender does influence language.
- ▶ But social Darwinists would certainly take issue with the argument that \_\_\_\_\_\_.
- Biologists, of course, may want to question whether \_\_\_\_\_
- ► Nevertheless, both *followers and critics of Malcolm X* will probably suggest otherwise and argue that \_\_\_\_\_\_.

to liberalism, say, or historical materialism, your argument is versation. When you attribute a position you are summarizing importance and relevance of your work to some larger conanyone else. You also miss an opportunity to generalize presenting yourself and others as having no connection to give up an important resource and even mislead readers by venient shorthand. If you categorically reject all labels, you exchange requires labels to give definition and serve as a congroups and types rather than solitary individuals, intellectual many of our most private thoughts, is conducted through and promote stereotypes. But since the life of ideas, including can be used inappropriately, in ways that ignore individuality ing over what makes each of us unique. And it's true that labels resent having labels applied to themselves. Some feel that labels put individuals in boxes, stereotyping them and gloss be sure, some people dislike such labels and may even

no longer just about your own solitary views but about the intersection of broad ideas and habits of mind that many read-

ers may already have a stake in.

The way to minimize the problem of stereotyping, then, is not to categorically reject labels but to refine and qualify their use, as the following templates demonstrate.

- Although not all *Christians* think alike, some of them will probably dispute my claim that \_\_\_\_\_\_.
- Non-native English speakers are so diverse in their views that it's
  hard to generalize about them, but some are likely to object on the
  grounds that \_\_\_\_\_\_\_.

Another way to avoid needless stereotyping is to qualify labels carefully, substituting "pro bono lawyers" for "lawyers" in general, for example, or "quantitative sociologists" for all "social scientists," and so on.

# TEMPLATES FOR INTRODUCING OBJECTIONS INFORMALLY

Objections can also be introduced in more informal ways. For instance, you can frame objections in the form of questions.

- ▶ But is my proposal realistic? What are the chances of its actually being adopted?
- ➤ Yet is it necessarily true that \_\_\_\_\_? Is it always the case, as I have been suggesting, that \_\_\_\_\_?
- ▶ However, does the evidence I've cited prove conclusively that

## Planting a Naysayer in Your Text

You can also let your naysayer speak directly

"Impossible," some will say. "You must be reading the research selectively."

Moves like this allow you to cut directly to the skeptical voice itself, as the singer-songwriter Joe Jackson does in the following excerpt from a 2003 New York Times article complaining about the restrictions on public smoking in New York City bars and restaurants.

I like a couple of cigarettes or a cigar with a drink, and like many other people, I only smoke in bars or nightclubs. Now I can't go to any of my old haunts. Bartenders who were friends have turned into cops, forcing me outside to shiver in the cold and curse under my breath. . . . It's no fun. Smokers are being demonized and victimized all out of proportion.

"Get over it," say the anti-smokers. "You're the minority." I thought a great city was a place where all kinds of minorities could thrive. . . . "Smoking kills," they say. As an occasional smoker with otherwise healthy habits, I'll take my chances. Health consciousness is important, but so are pleasure and freedom of choice.

Joe Jackson, "Want to Smoke? Go to Hamburg"

Jackson could have begun his second paragraph, in which he shifts from his own voice to that of his imagined naysayer, more formally, as follows: "Of course anti-smokers will object that since we smokers are in the minority, we should simply stop complaining and quietly make the sacrifices we are being called on to make for the larger social good." Or

See Chapter 5 using voice advice on for more standard move of playwrights and novelists, Jackson cuts though, that Jackson gets the job done in a far more lively ity should submit to the non-smoking majority." We think, "Anti-smokers might insist, however, that the smoking minormarkers. directly to the objectors' view and then to his own retort, way with the more colloquial form he chooses. Borrowing then back to the objectors' view and then to his own retort again, thereby creating a kind of dialogue or miniature play within his own text. This move works well and other voice markers to make clear at every point for Jackson, but only because he uses quotation marks whose voice he is in.

REPRESENT OBJECTIONS FAIRLY

the believing for more on Once you've decided to introduce a differing or opposing view erosity. Although it is tempting to give opposing views short need to represent and explain that view with fairness and geninto your writing, your work has only just begun, since you still shrift, to hurry past them, or even to mock them, doing so is counterproductive. When writers make the best case they can for their critics (playing Peter Elbow's "believreaders rather than undermine it. They make readers ing game"), they actually bolster their credibility with think, "This is a writer I can trust."

or even paragraphs and take them as seriously as possible. We tions in your writing, you stay with them for several sentences also recommend that you read your summary of opposing views with an outsider's eye: put yourself in the shoes of someone who disagrees with you and ask if such a reader would recognize him-We recommend, then, that whenever you entertain objec-

# Planting a Naysayer in Your Text

his views? his views seriously, as beliefs that reasonable people might hold? Or would he detect a mocking tone or an oversimplification of self in your summary. Would that reader think you have taker

ridicule. Remember, however, that if you do choose to mock a objections that seem so unworthy of respect that they inspire someone may ridicule you in return. you may contribute to a hostile argument culture in which want to reach. Also be aware that in mocking another's view who don't already agree with you—likely the very readers you view that you oppose, you are likely to alienate those readers believe do not deserve to be represented, just as there will be There will always be certain objections, to be sure, that you

### **ANSWER OBJECTIONS**

quoted above, for example, Joe Jackson takes the risk that read rizes than with the pro-smoking position he endorses. ers will identify more with the anti-smoking view he summa than the argument you yourself are advancing. In the editoria risk that readers will find those objections more convincing After all, when you write objections into a text, you take the you still need to be able to answer those objections persuasively Do be aware that when you represent objections successfully

summarized by authors who opposed them, Franklin explains he ended up finding the Deist position more persuasive. To When he encountered the views of Deists being negatively that exalts reason over spirituality) by reading anti-Deist books pening to himself in The Autobiography of Benjamin Franklir (1793), when he recalls being converted to Deism (a religior This is precisely what Benjamin Franklin describes hap-

only if you are able to overcome them. claims. It is good to address objections in your writing, but arguments you address are not more convincing than your own avoid having this kind if unintentional reverse effect on readers, you need to do your best to make sure that any counter-

ing your readers and genuinely persuading them. we're promoting in this book is the difference between bullyporting reasons whatsoever) and the types of nuanced responses The difference between such a response (which offers no supmiss it out of hand—saying, for example, "That's just wrong." One surefire way to fail to overcome an objection is to dis-

refute it completely but to agree with part of it while challengterarguments, it is often best to say "yes, but" or "yes and no," ing only the part you dispute. In other words, in answering coun-Often the best way to overcome an objection is not to try to

See pp. 61-66 agreeing, with a difference. tor more on argument quoted above. While in the voice of the "skeptic," Kim Chernin does in the following response to the counter lost weight." In response, Chernin replies as follows Chernin writes: "Admit it. You like yourself better when you've treating the counterview as an opportunity to revise and make concessions while still standing your ground, as ment into an impenetrable fortress, it is often best to refine your own position. Rather than build your argu-

weight would wish to argue with this. Most people feel better about Can I deny these things? No woman who has managed to lose it seems to me that there is something precarious about this wellthemselves when they become slender. And yet, upon reflection bear to look at ourselves in the mirror. back more than they ever lost. Then, of course, we can no longer Indeed, 90 percent of those who have dieted "successfully" gain being. After all, 98 percent of people who lose weight gain it back

## Planting a Naysayer in Your Text

cession. Even as she concedes that losing weight feels good in returns, making the dieter far more miserable. the short run, she argues that in the long run the weight always improve and refine your overall argument by making a con-In this way, Chernin shows how you can use a counterview to

### WHILE STILL STANDING YOUR GROUND TEMPLATES FOR MAKING CONCESSIONS

	▼.
that <u>it raises an important issue</u> .	Although I grant that the book is poorly organized,
	Still
	maintain

	•
gerate when they claim that	Proponents of X are right to argue that But they exag

•
While it is true that, it does not necessarily follow tha
·
;
does
noi
t necessarily
follow
tha

٠	•
hand, I still insist that	On the one hand, I agree with X that But on the other

of each one views end with a combined vision that incorporates elements Often the most productive engagements among differing definitively refute your critics or they definitively refute you. does not have to be an all-or-nothing affair in which you either Templates like these show that answering naysayers' objections

a nagging feeling that the objection is more convincing than and make some fundamental revisions to your argument, even your argument itself? In that case, the best remedy is to go back think of to an objection you've anticipated and you still have But what if you've tried out all the possible answers you can

"SKEPTICS MAY OBJECT"

own argument can be painful, it can actually make your fina text more intellectually honest, challenging, and serious. After ing out late in the game that you aren't fully convinced by your all, the goal of writing is not to keep proving that whatever reversing your position completely if need be. Although findthat that is what the academic world is all about. change your mind, that's not a bad thing. Some would argue ing. So if planting a strong naysayer in your text forces you to you initially said is right, but to stretch the limits of your think-

#### Exercises

Read objection to his argument and then responding to the objec-Schlosser. As you'll see, he hasn't planted any naysayers in tion as he might. this text. Do it for him. Insert a brief paragraph stating ar the following passage by the cultural critic Eric

time drug dealers. It has created a multibillion-dollar black mar war has filled the nation's prisons with poor drug addicts and small The United States must declare an end to the war on drugs. This sure, this war has been a total failure. stemmed the widespread use of illegal drugs. By any rational mea ket, enriched organized crime groups and promoted the corruption government officials throughout the world. And it has not

guided not by moral righteousness or political expediency but by Schedule I narcotic, and those who seek to use marijuana as medfor personal use. Marijuana should no longer be classified as a nalize the cultivation and possession of small amounts of marijuana common sense. The United States should immediately decrimi-We must develop public policies on substance abuse that are

## Planting a Naysayer in Your Text

based on one important criterion: what works. been adopted in Switzerland, Spain, Portugal, and the Netherlands. ent commission to study the harm-reduction policies that have the public health system. Congress should appoint an independentire approach to drug abuse from the criminal justice system to The commission should recommend policies for the United States icine should no longer face criminal sanctions. We must shift our

is absurd. Like the rest of American society, our drug policy would antidepressants on billboards and where alcohol companies run amus greatly benefit from less punishment and more compassion ing beer ads during the Super Bowl, the idea of a "drug-free society" In a nation where pharmaceutical companies advertise powerfu

ERIC SCHLOSSER, "A People's Democratic Platform"

2. Look over something you've written that makes an arguor do you think you now need to qualify your own arguany objections. If not, revise your text to do so. If so, have argument? Why, or why not? chapter? Does the introduction of a naysayer strengthen your ment? Could you use any of the language suggested in this the objections fairly? Have you answered them well enough, have you attributed the objections to? Have you represented you anticipated all the likely objections? Who if anyone ment. Check to see if you've anticipated and responded to